

USA Karate - Brooklyn Center

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Aaron Knutson

Instructor and School Director

www.usa-karate.net



September 1st 2007			Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Belt Rank	Age								
Super Kids			XXXX	4:45	XXXX	4:45		9:30	
White Belt	Gold Belt	Junior 5 to 11 years	5:20	6:30	5:20	5:55 Day 12:15	4:45	10:05	
		Adult 12 years and up	8:15			6:45	7:20 Day 11:30		5:20
Green Belt	Purple Belt	Blue Belt	Junior 5 to 11 years	5:55	5:55	5:20 Day 12:30	5:50 Sparring	10:55	
			Adult 12 years and up	7:20		8:15 Day 11:30	8:15 Day 11:30		6:30 Sparring
Red Belt	Brown Belt	Black Belt	Junior 5 to 11 years	4:45	5:55	4:45	6:30	5:50 Sparring	12:15
			Adult 12 years and up	6:30				7:20	
Specialty Classes					7:35			11:45	

Graduation is the second Tuesday of the month. There are no evening classes on Graduation Day. Please Check the Graduation Board for times and eligibility.