



Mr. Seifert  
School Director / Head Instructor

Mr. Printup / Mr. Anderson  
Head Instructor / Assistant Instructor

The Powerful Alternative

**USA Karate - Chanhassen**

[www.usa-karate.net](http://www.usa-karate.net)

School phone: 952-906-2969

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
		11:30 Adult Green/Above				11:30 Adult Green/Above				9:30 <b>Super Kids</b>	
		12:30 Adult No/White/Gold				12:30 Adult No/White/Gold				10:00 Junior No/White/Gold	
										10:30 Adult No/White/Gold	
										11:10 Junior Green thru Red	
										11:40 Adult Green thru Red	
<b>"Will You Be A Black Belt Someday?"</b>											
3:30 <b>Private Lessons</b>		3:30 <b>Private Lessons</b>		3:30 <b>Private Lessons</b>		3:30 <b>Private Lessons</b>		4:00 <b>Private Lessons</b>		12:30 Either Adv. Red/Above	
4:00 <b>Private Lessons</b>		4:00 <b>Private Lessons</b>		4:00 <b>Private Lessons</b>		4:00 <b>Private Lessons</b>		4:30 Junior No/White/Gold		1:30 Junior Green/Above Bokken	
4:30 Junior Purple/Blue		4:30 Junior No/White/Gold/Green		4:30 Junior Red/Brown/Black		4:30 Junior Purple/Blue		5:00 Junior Green/Above Sparring		<b>2:00 Adult Class</b> ***Iaido***	
5:00 Junior Red/Brown/Black		5:00 Junior Purple/Blue		5:00 Junior No/White/Gold/Green		5:00 Junior Gold/Green		5:40 Either All Belts Forms Class			
5:30 Either No/White/Gold/Green		5:30 Junior Red/Brown		5:30 Junior Purple/Blue		5:30 Junior No/White		6:20 Pad Drills Jr. Black / All Belts Adult			
6:00 <b>Super Kids</b>		6:00 <b>Intro</b>		6:00 <b>Super Kids</b>		6:00 <b>Intro</b>		7:00 Adult Green/Above Sparring			
6:30 <b>Intro</b>		6:30 Adult Blue/Red/Brown		6:30 <b>Intro</b>		6:30 Either Red/Brown		<b>Required Equipment Authorized by USA Karate:</b> <b>White Belt: Hand and Foot Pads</b> <b>Gold Belt: Hand and Foot Pads</b> <b>Green and Above: Sparring Equipment</b> <b>Red and Above: Bo Staff</b>			
7:00 Adult No thru Blue		7:20 Either Black Belt		7:00 Adult No thru Blue		7:20 Either Black Belt					
8:00 Adult Red/Brown/Black		8:10 Adult No thru Purple		8:00 Adult Red/Brown/Black		8:10 Adult No thru Blue					
*****Private Lessons Available.***** Look your best for Graduation Day, prepare for an upcoming tournament, or develop a higher level of skill from one on one training. Information may be obtained in the office				<b>!!!!Graduation Day!!!!</b> First Thursday of the Month All Evening classes are cancelled for Graduation day. Grad fees must be received the day before Graduation day.				***Iaido Class*** Adults or Invitation only Class Tuition (See flyer for more details) Five classes \$60.00 Ten classes \$100.00			
Schedule effective date: 8/25/2008											