

USA Karate - Maple Grove

Allan J. Kunstmann
Master Instructor

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NEW LOCATION!

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Belt Rank	Age	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Super Kids			5:00		5:00		10:00
White Belt	Junior 5 to 11 years	6:00	5:35	5:00	7:20	5:00	10:30
	Adult 12 years and up		8:00 Day Class 11:30	6:45		5:35	
Gold Belt	Junior 5 to 11 years	6:00	5:35	5:00	7:20	5:00	10:30
	Adult 12 years and up		8:00 Day Class 11:30	6:45		5:35	
Green Belt	Junior 5 to 11 years	5:00	6:10 Sparring	6:00	5:30	6:25	11:15
	Adult 12 years and up	7:25	7:00 Sparring Day Class 11:30		8:05 Day Class 11:30		
Purple Belt	Junior 5 to 11 years	5:00	6:10 Sparring	6:00	5:30	6:25	11:15
	Adult 12 years and up	7:25	7:00 Sparring Day Class 11:30		8:05 Day Class 11:30		
Blue Belt	Junior 5 to 11 years	5:00	6:10 Sparring	6:00	5:30	6:25	11:15
	Adult 12 years and up	7:25	7:00 Sparring Day Class 11:30		8:05 Day Class 11:30		
Red Belt	Junior 5 to 11 years	5:30	6:10 Sparring	5:30	6:40	6:25	12:00
	Adult 12 years and up	8:10	7:00 Sparring Day Class 12:30	7:30			
Brown Belt	Junior 5 to 11 years	5:30	6:10 Sparring	5:30	6:40	6:25	12:00
	Adult 12 years and up	8:10	7:00 Sparring Day Class 12:30	7:30			
Black Belt	Junior 5 to 11 years	6:45	6:10 Sparring	5:30	6:00	6:25	12:40
	Adult 12 years and up		7:00 Sparring Day Class 12:30	7:30			

Graduation is the second Thursday of the month and there are no evening classes. Please check the graduation board for times and eligibility.

January 4th 2010