

Mr. Rob Nelson  
5th Degree Black Belt  
Master Instructor

Mr. Joe Pierce

2nd Degree Black Belt  
Instructor



Effective 6/10/09

School Phone: 218-454-USA8 (8728)

Web Page: [www.usa-karate.net](http://www.usa-karate.net)

Web Page: [ultimate-martialarts.com](http://ultimate-martialarts.com)

E-mail: [karate@crosslake.net](mailto:karate@crosslake.net)

Academy Address: 7771 College Road  
Baxter, MN 56425

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	12NOON-12:45 DAY CLASS ALL LEVELS		12NOON-12:45 DAY CLASS ALL LEVELS		
4:45-5:00 Contact Mr.Pierce for Private Class	4:30-4:45 Contact Mr.Pierce for Private Class	4:15-4:30 Contact Mr.Pierce for Private Class	4:30-4:45 Contact Mr.Pierce for Private Class	4:45-5:00 Contact Mr.Pierce for Private Class	10:00-10:15 Contact Mr.Pierce for Private Class
5:00-5:15 Contact Mr.Pierce for Private Class	4:45-5:15 SUPER KIDS AGE 3,4,5	4:30-5:15 Juniors/Adults Green & ABOVE	4:45-5:15 SUPER KIDS AGE 3,4,5	5:00-5:15 Contact Mr.Pierce for Private Class	10:15AM-10:45AM SUPER KIDS AGE 3,4,5
5:15-6:00 Juniors/Adults Red/Brown/Black	5:15-6:00 Juniors/Adults New/White/Gold	5:15-6:00 Juniors/Adults New/White/Gold	5:15-6:00 Juniors/Adults Green/Purple/Blue	5:15-6:00 Juniors/Adults New/White/Gold	10:45AM-11:30AM Juniors/Adults New/White/Gold
6:00-6:45 Juniors/Adults Green/Purple/Blue	6:00-6:45 Juniors/Adults Green-Black	6:00-6:45 ADULTS ONLY ALL LEVELS	6:00-6:45 Juniors/Adults New/White/Gold	6:00-6:45 Forms/Weapons J/A Green/Purple/Blue	11:30AM-12:15PM Juniors/Adults Green-Black
6:45-7:30 Juniors/Adults New/White/Gold	6:45-7:30 SPARRING J/A Green-Black	6:45-7:00 Contact Mr.Pierce for Private Class	6:45-7:30 Juniors/Adults Red/Brown/Black	6:45-7:30 Forms/Weapons J/A Red/Brown/Black	12:15-1:00 SPARRING J/A Green-Black
7:30-8:15 ADULTS ONLY ALL LEVELS	7:30-8:00 Contact Mr.Pierce for Private Class		7:30-8:15 ADULTS ONLY ALL LEVELS	7:30-8:00 Contact Mr.Pierce for Private Class	1:00-1:30 Contact Mr.Pierce for Private Class

**Super Kids Age: 3-5**  
**Juniors Age: 6-15**  
**Adult Age: 16-Older**

**Day Class All Ages: June, July, August & Winter, Spring Break**  
**Day Class Adult Only: Sept-May**

**Graduation 2nd Wednesday Every Month**  
**No Class on Grad. Day and Holidays.**